

# 6th Annual Congress of the Cyprus Ophthalmological Society

**30-31 October 2015** Amathus Beach Hotel, Limassol

Under the auspices of the Cyprus Medical Association.

#### **Cyprus Ophthalmological Society Board**

President:	Theodosios Kontos
Secretary:	Christos Constantinou
Treasurer:	Giorgos Koursaris
Board Members:	Panikos Philippou
	Stavros Violetti

#### **Scientific Committee**

Head:	George Papamichael
Members:	Menelaos Serghiou
	Petros Aristodemou
	Eleni Loukianou

#### **Official Languages**

Greek, English (with live translation)

# Congress Location

Amathus Beach Hotel, Limassol

## **Congress Organisers**

SUNCARE Ltd Contact: Marina Varnava Tel: +357 25389191, +357 99727242 Email: m.varnava@suncaredmc.com.cy

#### Registration

Tel: +357 22755400, +357 22316916 Fax: +357 22751014, +357 22317313 Email: cyos.org@gmail.com

## **Registration Fees**

Ophthalmologists	€150
Trainees	€50
Paramedical Staff	€50
Opticians, Optometrists, Orthoptists	€100

#### **Certificate of Attendance**

A Certificate of Attendance will be provided at the end of the congress, on Saturday 31st October 2015, after submitting the feedback form.

#### 10 CME credit points will be given.

Dear colleagues, dear participants,

I welcome you to the 6th Annual Congress of the Cyprus Ophthalmological Society.

We promise you a high scientific value meeting.

You are welcome, have a good stay in Cyprus and enjoy our hospitality.

Thor log

Theodosios Kontos President of the Cyprus Ophthalmological Society

Dear colleagues,

On behalf of the Scientific Committee of the Cyprus Ophthalmological Society I am delighted to welcome you to Cyprus for our 6th Annual Congress.

I would like to extend our warmest welcome to all our invited speakers, who have traveled to Cyprus to honor us with their presence. I wish you all a wonderful stay in Cyprus and hope that your visit will be a rewarding and enjoyable experience.

During this Congress interesting topics will be highlighted. You will have the opportunity to find out about new developments and innovations in ophthalmology as well as discuss problems that we commonly encounter in our outpatient clinics.

Finally, I would like to thank the members of the Scientific Committee for their hard work and enthusiasm and all those who have contributed to making this event a reality.

A

George Papamichael Head of the Scientific Committee

### **Speakers**

**Yianna Antoniou**, Pantheo Eye Centre, Limassol, Cyprus Petros Aristodemou, Hygeia Polyclinic, Limassol, Cyprus Gordon Dutton, Royal Hospital for Sick Children, Glasgow, UK Eleni Georgopoulou, Athens, Greece Helmut Hoh, Dietrich Bonhoeffer Hospital, Neubrandenburg, Germany Timothy Jackson, Kings College Hospital, London, UK Theodosios Kontos, Hygeia Polyclinic, Limassol, Cyprus Vasilios Kozombolis, Democritus University of Thrace, Greece Brian Little, Moorfields Eye Hospital, London, UK Eleni Loukianou, Arch. Makarios Hospital, Nicosia, Cyprus **Steve Moss.** Institute of Ophthalmology. University of London, UK Ioannis Pallikaris, Dunya Eye Hospital, Istanbul, Turkey and University of Crete, Greece Michalis Palos, Pantheo Eye Centre, Limassol, Cyprus Katia Papastavrou, Pantheo Eye Centre, Limassol, Cyprus George Pappas, Venizelion Hospital, Crete, Greece Theodoros Potamitis. St Georges'-University of Nicosia. Pantheo Eye Centre, Limassol, Cyprus Naing Tint, Princess Alexandra Eye Pavilion, Edinburgh, UK Athanasios Vakalis, Ophthalmica Eye Center, Thesalloniki, Greece

The Greek Refractive and IOL Society:

M. Balides, V. Karampatakis, K. Koufala, D. Kyroudis, A. Maniateas, K. Moschou, I. Panagopoulos, V. Tsiggos

Talks will be given in both Greek and English

Live translation from Greek to English and from English to Greek will be taking place though wireless handsets with headphones.

Friday 30 October 2015: Day 1

12:30	Registration	
13:30	CATARACT ROUND TABLE - ANNUAL UPDATE Moderators: Vasilios Karampatakis, Panikos Philippou	
	Cataract surgery in eyes with previous glaucoma filtration surgery Ioannis Panagopoulos	
	<b>A novel and safer approach to managing IFIS</b> Vassilios Tsiggos	
	Cataract surgery in eyes with corneal comorbidity Miltos Balidis	
	Advances in Femto Cataract Konstantinos Moschou	
	Cataract surgery in the presence of diabetic retinopathy Apostolos Maniateas	
	<b>Challenges in surgery for mature cataracts</b> Vasilios Karampatakis	
15:15	SPONSORED SATELITE MEETING: Verisfiled UK Ltd, C.A. Papaellinas Ltd	
	The use of topical levofloxacin (LEXACIN™) in Ophthalmology Miltiades Papathanasiou, Athens	
15:45	SPONSORED SATELITE MEETING: FINEVISION IOL, PHYSIOL, CPO - (Cyprus Pharmaceutical Organisation)	
	<b>My long term experience with the PhysIOL IOL:</b> <b>refractive stability and visual acuities</b> Bart Pion, Brussels	
	<b>PhysIOL trifocal IOL: patient satisfaction, tips and tricks</b> Bart Pion, Brussels	
16:15	Break (Sponsored by Novagem - Bayer)	
16:45	SPONSORED SATELITE MEETING: Alcon IQ PanOptix IOL, Potamitis Medicare	
	Cataract in a new era: IOL and equipment developments Konstantinos Moschou	

Friday 30 October 2015: Day 1

17:15	<b>CORNEA</b> Moderators: Eutychia Kousi, Michalis Palos	
	Embarking on DMEK Naing Tint	
	Persistent epithelial defects Naing Tint	
	<b>Cornea transplantation and glaucoma</b> Vasilios Kozombolis	
	Discussion	
18:15	RAPID FIRE PRESENTATIONS (8 mins each) Moderators: Giorgos Koursaris, Giannis Archontides	
	<b>The use of amniotic membrane in ophthalmology</b> Michalis Palos	
	<b>Cataract Surgery</b> Brian Little	
	<b>Ahmed valve in uveitic glacuoma</b> Katia Papastavrou	
	Management of post traumatic endophthalmitis Yianna Antoniou	
	Avastin-laser combination is equivalent to ILM peel in CRVO Theodoros Potamitis	
	Macular telangiectasia Eleni Loukianou	
	Macular buckling - Techniques and Indications Petros Aristodemou	
20:30	End of day 1 - Official dinner	

Saturday 31 October 2015: Day 2

09:00	<b>REFRACTIVE SURGERY - ANNUAL UPDATE</b> Moderators: Konstantina Koufala, Christos Konstantinou
	Corneal biomechanics Demitris Kyroudis
	Treatments with advanced technology multifocal laser Miltos Balides
	Special applications for laser in refractive surgery Konstantinos Moschou
	Intracorneal inlays for presbyopia Ioannis Pallikaris
	Emmetropia, the perfect imperfection Ioannis Pallikaris
	Discussion
10:30	Break
11:00	ADVANCES IN AGE RELATED MACULAR DEGENERATION Moderators: Eleni Loukianou, Minas Pipis
	Stereotactic Radiotherapy for Wet AMD I Timothy Jackson
	Stereotactic Radiotherapy for Wet AMD II Timothy Jackson
	How the RPE cells survive the complement system Steve Moss
	LRG1: a novel therapeutic target for wet AMD Steve Moss
	Discussion
12:15	Official Ceremony

Saturday 31 October 2015: Day 2

14:45	CATARACT SURGERY Moderators: Andriana Spastri, George Papamichael
	<b>Role of Cognitive Skills vs Technical Skills in avoiding complications</b> Brian Little
	IOL Explantation and Exchange: from day one to six years later Brian Little
	Intraocular multifocal / accommodative lenses and presbyopia Ioannis Pallikaris
	<b>Presbyoptics</b> Ioannis Pallikaris
	Discussion
16:00	PAEDIATRIC OPHTHALMOLOGY Moderators: Iria Evaggelatou, Eleni Kontou
	Cerebral visual impairment in children and its detection and management - an outline:
	A. In children in mainstream education Gordon Dutton
	<b>B. In children with neurological disorders</b> Gordon Dutton
	Discussion
16:30	Break
17:00	GLAUCOMA Moderators: Katia Papastavrou, Menelaos Serghiou
	Surgical technique of Cypass stent implantation Helmut Hoh
	Clinical results after Cypass stent implantation Helmut Hoh
	MIGS: Microinvasive Glaucoma Surgery Vasilios Kozombolis
	Discussion

Saturday 31 October 2015: Day 2

18:00	OPHTHALMIC SOCIETIES SESSION Moderators: Theodosios Kontos, Stavros Violettis
	The management of submacular Haemorrhage Athanasios Vakalis, President of the Ophthalmological Society of Northern Greece
	The diagnosis and treatment of intraocular tumours Eleni Georgopoulou, President of the Greek Ophthalmological Society
	<b>Epiretinal Membranes: indications for surgery and outcomes</b> George Pappas, President of the Ophthalmological Society of Crete
	Management of dislocated natural and artificial lenses Theodosios Kontos, President of the Cyprus Ophthalmological Society
	End of congress

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